

ASHLEY M. KUCERA, M.P.H

Curriculum Vitae

CONTACT INFORMATION

True You Weight Loss
2001 Weston Parkway
Cary, NC 27513
Phone: (919) 391-7843
Website: www.trueyouweightloss.com

EDUCATION

MPH Master of Public Health Benedictine University Lisle, IL	May 2019
BA Bachelor of Arts - Psychology University of Dayton Magna Cum Laude Dayton, OH	December 2012

HONORS AND AWARDS

National Society of Collegiate Scholars	August 2007 - December 2012
Presidential Award	August 2007 - December 2012
Academic Scholar Award	May 2018 - May 2019

EXPERIENCE

True You Weight Loss Lead Clinical Research Coordinator Cary, NC	February 2022 - Present
American Academy of Family Physicians Project Manager / Research Coordinator Leawood, KS	August 2020 - February 2022
University of Kansas Medical Center Senior Study Coordinator Fairway, KS	November 2018 - July 2020
Johnson County K-State Research and Extension SNAP-Ed Nutrition Educator Olathe, KS	October 2017 - October 2018

PUBLICATIONS & PRESENTATIONS

A Kucera, J Alai, C Lutgen, J Carroll, B Manning, D Nease, L Zittleman. “Reflections from practice-based research recruitment: The high impact of a low reach approach.” Accepted for Presentation at 2021 NAPCRG PBRN Conference. – June 2021.

C Hester, A Nederveld, N Loskutova, A Lanigan, E Callen, E Robertson, T Clay, **A Kucera**, M Filippi, S Waldren, B Fehnert, J King, L Chrones, M Martin, A Roy, M McCue. “Mobile Technology-Supported Shared Decision-Making and Goal Setting for Management of Depression in Primary Care.” Accepted for Presentation at NAPCRG Annual Meeting – November 2022.

E Callen, A Wade, C Hester, J Carroll, **A Kucera**, T Clay, M Felippi. (2021) “The Impact of COVID-19 on the Mental Health of Primary Care Clinicians.” Submitted to the Journal of the American Board of Family Medicine.

D White, C John, **A Kucera**, B Truver, R Lepping, P Kueck, P Lee, L Martin, S Billinger, J Burns, J Morris, E Vidoni (2021). “A methodology for an acute exercise clinical trial called dementia risk and dynamic response to exercise.” Scientific Reports. 11. 10.1038/s41598-021-92177-0.

PROFESSIONAL TRAINING

Health Education and Wellness Promotion Certification

Benedictine University, Lisle, IL, 2019

Health Management and Policy Certification

Benedictine University, Lisle, IL, 2019

Human Research Certification, CITI Program, August 2020 - August 2023

Biomedical Research Investigators and Key Personnel

Introduction to Clinical Trials, Certificate of Completion

Association of Clinical Research Professionals, 2022